

**24/7 NURSE TRIAGE HOTLINE**

# **I GOT HURT AT WORK. NOW WHAT?**

**1**

## **TELL YOUR SUPERVISOR IMMEDIATELY**

Even if your injury seems minor, it's important to inform your supervisor.

**2**

## **IF IT'S AN EMERGENCY, CALL 911**

When an injury is serious or life-threatening, don't wait, get help.

**3**

## **CALL THE NURSE TRIAGE HOTLINE AT 855-469-6877 (855-4MY-NURSE)**

Call to discuss your injury. If you're unsure whether to get medical treatment, the nurses are specialized in treating workplace injuries and will offer sound advice on your next steps.



You can also find helpful resources at [icwgroup.com/iw](https://icwgroup.com/iw)



24/7  
Access



1 Minute to  
Reach Nurse



HIPAA  
Compliant



En  
Español

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